



HARNESS THE POWER
OF KNOWLEDGE

Professional Training on Patient Care and Nursing Skills

TRAIN



Introduction:

Patient care and nursing skills form the cornerstone of compassionate and effective healthcare delivery. This comprehensive 5-day training program, delivered by Global Business Minds, will equip participants with the theoretical knowledge and practical skills needed to excel in various nursing roles.

Learning Outcomes:

Upon completion of this program, participants will be able to:

- Demonstrate a comprehensive understanding of patient care principles and nursing practice
- Perform basic nursing skills safely and effectively, including assessment, vital signs, medication administration, and wound care
- Apply theoretical knowledge to real-world patient scenarios in various nursing specialties
- Communicate effectively with patients, families, and healthcare team members
- Utilize technology, including EHRs and telehealth, to enhance patient care delivery
- Understand and implement ethical considerations in nursing practice
- Plan for their professional development and career advancement in the ever-evolving field of nursing

Course Structure:

Day 1: Foundations of Patient Care and Nursing:

- Understanding the nursing profession: Explore the different types of nursing specialties, ethical considerations, and core values of nursing practice
- Communication and interpersonal skills: Develop effective communication techniques for building rapport, active listening, and providing patient-centered care
- Basic anatomy and physiology: Gain fundamental knowledge of body systems and their functions to understand patient conditions and interventions
- Assessment techniques and vital signs: Master the skills of performing physical assessments, taking vital signs, and documenting observations accurately

Day 2: Fundamentals of Nursing Skills:

- Infection control and hygiene practices: Implement proper handwashing techniques, aseptic techniques, and other measures to prevent healthcare associated infections
- Medication administration: Understand safe medication handling, administration routes, and documentation procedures
- Catheterization and wound care: Gain practical skills in inserting catheters, dressing wounds, and promoting healing
- Fluid management and IV therapy: Understand the principles of fluid balance, setting up IV infusions, and monitoring for complications

Day 3: Advanced Nursing Skills and Specializations:

- Medical-surgical nursing: Explore common medical and surgical conditions, pre- and post-operative care, and pain management strategies
- Pediatric nursing: Understand the unique needs and development of children, providing age-appropriate care and communication
- Maternal and neonatal nursing: Learn about prenatal care, labor and delivery, newborn assessments, and breastfeeding support

- Mental health nursing: Develop skills in working with patients experiencing mental health challenges, de-escalation techniques, and crisis intervention

Day 4: Technology and Communication in Nursing:

- Electronic health records (EHRs): Learn how to navigate EHR systems to document patient care, access information, and communicate effectively with healthcare teams
- Telehealth and virtual care: Understand the evolving role of telehealth in nursing practice and implement effective communication strategies in virtual settings
- Cultural competence and diversity in healthcare: Develop skills to provide culturally competent care, respecting patients' values and beliefs
- Documentation and reporting: Master accurate and concise documentation techniques to ensure clear communication and continuity of care

Day 5: Professional Development and Future of Nursing:

- Leadership and teamwork in nursing: Develop leadership skills, promote teamwork among healthcare professionals, and advocate for patients
- Stress management and self-care for nurses: Understand the importance of self-care to prevent burnout and maintain mental and physical well-being
- Continuing education and career advancement: Explore career paths in nursing, identify opportunities for professional development, and navigate continuing education requirements
- Future trends in healthcare and nursing: Understand how technology, innovation, and policy changes will shape the future of nursing practice

Target Audience:

This training program is designed for individuals seeking to enter or advance their careers in nursing, including:

- Aspiring nurses preparing for licensing exams
- New graduates transitioning into clinical practice
- Experienced nurses seeking to refresh or expand their skills
- Nursing assistants and unlicensed personnel seeking skill development

Additional Notes:

This training program can be customized to accommodate the specific needs and interests of participants.